

All our beef and lamb products are naturally raised and hormone free.

	\$/Kg	Approx. \$/pkg
Grassfed Beef		
Easy Chew Jerky/30 g		\$2.50
Beef Jerky /100g		\$8.00
Lean Ground	\$9	\$4.00
Garlic Sausage	\$18	\$8.00
Beef Pepperoni	\$18	\$4.50
Gourmet Smokies	\$18	\$9.00
Lean Br. Sausage	\$12	\$6.00
Lean Beef Patties	\$11	\$7.00
Econo Tenderloin Stk	\$30	\$12.00

Premium Grain Finished BEEF

Rib/New York Stk	\$30	\$15.00
Sirloin Stk	\$24	\$12.00
Premium Tenderloin Stk	\$38	\$18.00
Beef Roast	\$13.50	\$20.00
Short Ribs	\$9	\$12.00
Blade Steak	\$12	\$15.00
Flank Steak	\$12	\$10.00
Soup Bones	\$4	\$5.00
Heart, Kidney, Liver	\$4	\$3.00
Oxtail	\$12	
Striploin	\$30	
Sirloin Tip Stk	\$19.20	
Stew	\$7.20	\$5.00

GRASSFED LAMB

Leg of Lamb	\$20	\$36.00
Boneless Shlder Roast	\$10	\$32.00
Lamb Loin Chops	\$30	\$11.00
Lean Ground Lamb	\$13	\$5.00
Lamb Ribs	\$13	\$9.50
Lamb Stew	\$13	\$5.00
Rack of Lamb	\$36	\$27.00
Lamb Kabobs	\$28	\$14.00
Shanks	\$16.50	\$8.00
Necks	\$10.50	\$10.00

PORK

Bacon	\$14.50	\$8.50
Breakfast Sausage	\$10	\$4.50
Bone in Hams	\$12	\$45.00
Pork Butt Stk	\$14	\$13.00
Pork Loin Chops	\$14.50	\$13.00
Pork Pieces	\$9.90	\$5.00
Pork Spare Ribs	\$14	\$12.00
Pork Picnic Roast	\$9.90	\$18.00
Pork Leg Roast	\$14.50	\$20.00
Hocks	\$9.90	\$6.00

	\$/Kg	\$/pkg
Specialty Chickens		
Whole Fryers	\$8.33	

Free Range Specialty Chicken

Whole Fryers	\$10.06	
Boneless skinless		
Breasts IQF (4kg)	\$20.15	
Boneless Skinless		
BreastsT/Pack	\$27.88	
Drum T/Pack	\$7.73	
Thigh T/Pack	\$8.51	
Split Wings	\$10.06	

DOG FOOD

\$2.00

VILLAGE CHEESE (All natural ingredients)

Aprox .500g size		
2 Yr Aged Cheedar	\$26.40	\$12.00
Medium Cheddar	\$24.00	\$11.00
Med Cheddar White	\$24.00	\$11.00
Mozzarella	\$19.70	\$10.00
Approx .160g size		
Garden Dill,	\$25.70	\$5.00
Red Hot Pepper	\$25.70	\$5.00
Montery Onion & chive	\$25.70	\$5.00
Habanero 911	\$25.70	\$5.00
Alpine Meadow swiss	\$25.70	\$5.00
Gewurztraminer	\$27.10	\$5.50
Amber Ale	\$25.70	\$5.00
Parmesan	\$25.70	\$5.00
Mediterranean	\$25.00	\$5.00
Cream Cheese	\$34.00	\$5.44
(Plain and Dill)		

Gort's Gouda (Certified Organic)

.250 size approx		
Aged Gouda	\$29.90	\$8.50
Smoked Gouda	\$25.90	\$6.50
Parsley Gouda	\$25.90	\$6.50
Peppercorn Gouda	\$25.90	\$6.50
Smoked Habanero	\$25.00	\$6.00
Cumin Gouda	\$25.90	\$6.50
Feta (cow)	\$22.80	\$6.00
Feta (goat) .210sz	\$26.90	\$5.65
Feta Spiced	\$24.10	\$7.50

Bulgarian Yogurt 500ml		\$6.63
Quark (price changes frequently)		
Heavy Cream (Price changes frequently)		

Local Free Range Eggs (doz)

\$3.50

Craigs Bakery

Alpine Bread	\$3.29
Whole Wheat Bread	\$1.99
Good Hearth Bread	\$2.99
Sunflower/Flax	\$3.29
Sourdough	\$3.29
Rye	\$2.99
Multigrain	\$3.29
WW Hamburger Buns	\$2.69
WW Hotdog Buns	\$2.69
Kaiser Buns	\$2.29
Kaiser Buns white	\$2.29
Raspberry Cream Cheese	\$2.59
Apple Cream Cheese	\$2.59
Lemon Cream Cheese	\$2.59
Cinnamon Buns	\$2.59
Bagels	
Cheese	\$2.99
Poppyseed	\$2.99
Wholewheat	\$2.99
White Plain	\$2.99
Seasame Seed	\$2.99
Raisin Scone	\$2.99
Cheese Scone	\$2.99
Pizza Shells	
Pita Bread	

Blackwell Dairy Products (Prices subject to change)

4 litre:	Skim	\$4.90
	1%	\$4.90
	2%	\$4.90
	Homo	\$5.29
2 litre	1%	\$2.99
	2%	\$2.99
	Homo	\$3.29
	Skim	\$2.99
500 ml	Whip Cream	\$2.90
1 litre	Table Cream	\$3.63
500 ml	Table Cream	\$1.95
1 lb	Butter	\$4.99
250ml	2% milk (6-pac)	\$4.50
250ml	Chocolate Milk (6pac)	\$5.40
500ml	Chocolate Milk (6pac)	\$9.90

Happy Days Dairy

Whole or Skim goat milk	1 litre	\$3.25
Whole goat milk	2 litre	\$6.10
Goat Butter	Lb	\$9.75
Goat Cheese Dry type	1kg	\$30.75
Goat Cheese soft type, plain, garlic/parsley or Lemon pepper.	.150gram size	\$4.90each
Goat Milk Feta, 200g crumbled		\$4.60each

Random weight cuts approx 180g
Goat milk Feta \$32.95kg

Goat milk Cheddar	\$28.95kg
Goat milk Mozzarella	\$32.95kg
Goat mild Cheese	\$32.95kg

Vegetables and Fruit Prices will vary with seasonal markets

Produce – varies according to season

Tomatoes
Potatoes
Cucumbers
Lettuce, Romaine and Green leaf
White Onions
Red Onions
Cauliflower
Broccoli
Beets
Leeks
Carrots
Squash

Fruit

Apples
Pears
Nectarines
Watermelon
Cantaloupe
Peaches

Frozen Fruit

Strawberries 5lb	___	\$20.00
Blueberries 500g	___	\$4.00

A variety of other products are available in store or upon request

Fair Trade Coffee- \$13.50 per lb
Pickled Asparagus
Pickled Beans
Spices
Honey- \$5.00 per 250g jar
Spelt Kernals
White Quinoa
Organic Flour
Oats
Seven Grain Cereal
Pancake and waffle Mix
Spelt Flour
Whole Wheat Flour
Tea
Black Forest Noodles-\$3.00per pkg
Sabatini Noodles-\$3.00per kg
Fresh Is Best Chips- \$4.99per bag
Fresh is Best Salsa \$4.85
Little Creek Dressing