



Spiced Gouda Roasted Asparagus

Ingredients;

20 large fresh asparagus
1 1/2 tbsp olive oil
1 tsp Maple Leaf Spices Italian Fiesta Rub
1/4 cup freshly grated spiced Gorts Gouda
2 lemons cut in wedges for serving

The following local ingredients
are available seasonally from
HEARTLAND QUALITY FOODS;

- **Maple Leaf Spices**
- **Asparagus**
- **Spiced organic Gorts Gouda**



Preheat oven to 400F

Snap or trim the woody ends off the asparagus. Lay a single layer on a sheet pan and drizzle with olive oil. Sprinkle with *Maple Leaf Spices Italian Fiesta Rub*. Roast for 15 to 20 mins, until tender. Sprinkle with Gorts Spiced Gouda and return to the oven for another minute. Serve with lemon wedges.

Delicious as a light meal, appetizer, or as an accompaniment to a meal.